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URBAN ETIQUETTE

The ghoster, male or female, is a lazy moral coward. Good riddance, I say, and so should you

metroVIEWS

Your essential daily news | MONDAY, APRIL 10, 2017

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Members of the Raging Grannies' inaugural Victoria, B.C., chapter at the Canadian Museum for Human Rights Friday. JESSICA BOTELHO-URBANSKI/METRO

30 YEARS OF RAGING

Exhibit celebrates Raging Grannies' colourful brand of activism

metroNEWS

Be prepared for the 'tough love' budget

PROVINCE

Tories expected to show teeth in extra aggressive approach

Michelle Bailey
For Metro | Winnipeg

Since Brian Pallister and the Tories formed government a year ago, their mandate has been clear — that's why a local political expert says this Tuesday's provincial budget shouldn't catch Manitobans by surprise.

Adjunct political studies professor Christopher Adams says the Progressive Conservative government has been laying the groundwork for months in preparation for a budget to get rid of the $868-million deficit they inherited from the NDP.

"This government has been signalling for quite a long time now that this will be a tough-love budget," said Adams, who teaches politics at the University of Manitoba.

Adams pointed to recently announced decisions such as cancelling $1 billion in infrastructure projects, including a new centre for Cancer Care Manitoba, and putting the brakes on increases in the public sector as examples of how they're going to try to find savings.

But there's also bound to be snipping, he added.

"There will be cuts across all of government above and beyond what we've already seen, and there will be some surprises in there, maybe even some good and positive things," Adams said. "But for the most part, it's never been a secret that the premier was going to make firm financial decisions."

Some of those firm financial decisions have eked into day-to-day governing and negotiating in the past year, but the budget coming this week will show more teeth, Adams suspects.

Despite railing on the NDP's spending habits on the campaign trail and making it clear that he and his government would right the fiscal ship, Pallister's first budget came too close to the election for a real overhaul, so it picked up a "stand-pat" label.

Adams said it's highly unlikely this year's provincial budget will follow suit.

"Last year as a newly elected government, the PCs brought in a budget that looked pretty similar to what the NDP delivered the year previous," said Adams. "This time, the premier has stamped this budget with his name and his identity, outlining priorities he plans to stick to."

Adams said he believes the government is going to be extra aggressive with this budget, and will then gradually "ease up a little" as the next provincial election approaches.

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metro NEWS

Your essential daily news

Pets, suits and luxury cars: Some of Canadians' most outrageous tax claims. **Business**

Sydnee Chiborak, a Grade 12 student from Transcona Collegiate, test-drove Manitoba Public Insurance's new distracted driving simulator during a demonstration for students Friday. JESSICA BOTELHO-URBANSKI/METRO

Virtual reality aims to curb distracted driving

ROAD SAFETY

Teens invited to test-drive immersive technology

Jessica Botelho-Urbanski
Metro | Winnipeg

Though drunk driving has become largely taboo, Manitoba Public Insurance revealed new technology Friday meant to curb distracted driving, which the public insurer says is far too common.

DRIVR-X is a virtual reality experience that has participants don goggles and hop in a stationary vehicle to "drive" while plagued by distractions.

If passengers pick up the phone accessory to "text," chances are high they will injure or kill themselves or someone else within the five-to-seven minute simulation.

MPI invited teens from Transcona Collegiate to test-drive the technology Friday.

Afterward, Grade 12 student Brooklyn Shymko — who admitted to texting and driving in the past — said she wouldn't be doing so anymore.

"You always think, 'Oh, it's not going to happen to me,' but it happens," she said, after virtually hitting a pedestrian.

Ward Keith, MPI's vice-president of loss prevention and communications, said the virtual reality experience was a natural next step after MPI's last distracted driving simulator.

"In talking to young people, we were just looking for what technology would really resonate with them... and the simulator, as cool as it was three years ago, it's pretty normalized now," he said. "(Virtual reality) is leading-edge and it's still new to a lot of kids."

Keith said DRIVR-X will tour around high schools and community events this summer. Its VR experience can also be updated in the coming years to reflect new driving issues that arise or persist, he said, like not wearing seat belts or driving while stoned.

With marijuana legalization expected to shake down by next summer, Crown Services Minister Ron Schuler said the government can use tools like DRIVR-X to boost awareness about drugged driving.

> **The simulator, as cool as it was three years ago, it's pretty normalized now. (Virtual reality) is leading-edge and it's still new.** Ward Keith

"We're going to have to always be in the forefront of it now, not just (about) distracted driving, but also smoking up," Schuler said. "These are serious things not just for young people who struggle sometimes with decisions because (they think) they're invincible, right?... But also people who are affected because somebody drove distracted or stoned or drunk. There are consequences for both sides."

Sydnee Chiborak, another Grade 12 student who tried the demo Friday, said the DRIVR-X equipment was an effective way to teach young people the risks of getting behind the wheel.

"Especially if you were the one getting into the accident, I think it would have a big impact on you," she said.

Distracted driving is a leading cause of fatalities on Manitoba roads, according to MPI, killing nearly 30 people annually.

Other alternate realities...

MPI isn't the only local group capitalizing on virtual or augmented reality as a teaching tool. From transporting Winnipeggers to far-away lands to encouraging them to learn more about or take better care of their city, alternate realities are being made accessible through increasingly common technology.

Recycle Everywhere

The Canadian Beverage Container Recycling Association launched a contest last summer with an app allowing smartphone users to track their recycling habits for a chance to win prizes, like a trip to Churchill and Winnipeg Blue Bombers tickets.

App allows smartphone users to track their recycling habits for a chance to win prizes. METRO FILE

The app was hot on the heels of the app of the year, Pokémon Go, but spokesperson Arielle Gurevich said Recycle Everywhere actually "came up with this app idea prior to Pokémon Go coming out."

Cinémental 25

Tied to the 25th anniversary of the Cinémental French film festival, Corey King developed an augmented reality app allowing users to interact with Winnipeg history. Trivia about more than 30 city sites is available through the app, which was launched in October.

Augmented reality app allows users to interact with Winnipeg history. METRO FILE

Corey King, the project-lead for Winnipeg's ZenFri Inc, which developed the app with local start-up Bit Space, said more than showing Winnipeggers some other reality, it reveals "amazing things just below the surface."

Canadian Museum for Human Rights

A virtual reality exhibit allows museum-goers to immerse themselves in Guatemalan culture. Weaving a Better Future examines the power of female-run artisan cooperatives and explores their role in furthering human rights.

Virtual reality exhibit allows museum-goers to immerse themselves in Guatemalan culture. METRO FILE

Aaron Cohen, the museum's digital media producer, said it's "like being there" when visitors strapped on the virtual reality headset

BRAEDEN JONES AND JESSICA BOTELHO-URBANSKI /METRO WINNIPEG

EVENTS

Come talk urban policy over a pint

Braeden Jones
Metro | Winnipeg

Fruitful discussion has long been brewing among Winnipeg's urbanist crowd — often over a pint — but a new "informal hub of civic discussion" aims to democratize the chats, beer still included.

Steered by urban planning student Paul Bell and a handful of others, "Urban Brew" is a new event series announced over the weekend.

"There's a lot of inspiration from events like Friday Fools," Bell said, referring to the weekly gathering of policy-minded folk at the Fools and Horses coffee shop on Broadway.

Bell said it also takes inspiration from urban policy reading groups he's seen crop up in other cities, but it differs slightly as he feels that format limits the audience by being "too academia heavy."

> **We didn't want to preach to the choir.**
> Paul Bell

"Urban Brew is for anyone, for open, fun discussions about urban issues in the City of Winnipeg," Bell said. "We want to bring in as many different perspectives as possible."

The first Urban Brew event planned for April 19 marries Little Brown Jug's venue and refreshments to a themed discussion that will focus on a safer downtown that could be achieved through planning.

Bell said he's invited experts, including Winnipeg's Women's Health Clinic executive director Theresa Oswald and planner Bob Sommers, but he emphasized that they're meant to participate in and spark discussions, not dominate or orate.

"Everyone is going to have the opportunity to ask questions, answer questions, weigh in.... We're looking for a reciprocal discussion," Bell said.

And although it's an evening out of an urbanist craft beer fan's diary, Bell said the choice of theme plays into an effort to attract diverse opinions.

"We wanted to get away from talking with the same people over and over about the same things.... We didn't want to preach to the choir," Bell said.

So for the theme of downtown safety, Bell hopes people "bring out some of their suburban friends with hesitation to come to downtown."

"We all hear about people not wanting to go into downtown after a certain time," he said.

URBAN BREW

The first event is on April 19 at Little Brown Jug. CONTRIBUTED

Wab Kinew tossed his considerable reputation and weight behind then-NDP leader and premier Greg Selinger during the last provincial election campaign. A year later, he's looking to guide the party to better days. BRAEDEN JONES/METRO

Wab Kinew eager to unite a divided party

LEADERSHIP RACE

Candidate has backing on both sides of split Democrats

When Indigenous activist and author Wab Kinew officially launches his bid for the leadership of Manitoba's New Democrats this week, he will try to take the helm of a party struggling for money, unity and public support.

Kinew, who is 35 and was first elected to the legislature last April as a star candidate for the NDP, has been talking openly about putting together a leadership bid for months.

He will make it official Monday with the backing of some heavyweights from factions of the party that have been fighting since 2014.

Advisers to former premier Greg Selinger such as John Loxley and Todd Scarth are backing Kinew. So are Eugene Kostyra and Anna Rothney — advisers to Theresa Oswald, a former cabinet minister who led a failed coup against Selinger in 2014.

The coup divided the NDP prior to the April 2016 election that saw the party ousted from power and reduced to 14 seats.

"I've tried to reach across different camps, if you will, or different fault lines because I do think it's important for the party to have unity now," Kinew said this weekend.

The leadership race will be decided in mid-September. Kinew's support in caucus includes fellow rookie legislature member Nahanni Fontaine, he said.

The only other person who has confirmed a leadership bid is Michelle McHale, a social-justice activist who sits on the executive of the Manitoba Federation of Labour. She joined the party a year ago and has not attracted any major endorsements.

Kinew was a controversial candidate in last year's election because of misogynistic and homophobic rap lyrics and social-media posts that surfaced from his past. He has convictions for impaired driving and assaulting a taxi driver, for which he was recently granted pardons, he said.

Kinew repeatedly apologized for his actions. He discussed his criminal convictions in his 2015 memoir The Reason You Walk.

Rothney noted Kinew's misogynistic and homophobic feelings — some expressed as recently as 2011 — are in the past.

"One big question for me was, is he a totally different person? I feel very comfortable that that is true," Rothney said.

THE CANADIAN PRESS

‘This is our ulcer deterrent’

EXHIBITION

Grannies still raging against injustice and inspiring future

Jessica Botelho-Urbanski
Metro | Winnipeg

If you’re looking for the Raging Grannies, follow their trail of technicolour feathers.

Plumes from their boas were scattered around the Canadian Museum for Human Rights on the weekend as the self-proclaimed “gaggle” of older women from Victoria, BC touched down in Winnipeg. An exhibit celebrating their 30 years of activism was unveiled at the museum Friday.

From fighting against nuclear weapons and for Indigenous rights, to staging protests over pipeline development and a “cry-in” over health care cuts, the Raging Grannies’ Victoria chapter sparked a satirical movement that’s spanned the continent.

Their funny, musical brand of activism has caught on across North America, as more than 100 similar groups “sprang up like mushrooms,” according to Alison Acker, 88.

“I think rage is therapeutic,” Acker said. “I would feel much worse if I was just sitting at home worrying about what was at stake in the world and not doing anything about it.”

“You’d probably have an ulcer,” added Anne Moon, 75. “This is our ulcer deterrent.”

Retired journalists Acker and Moon flew in with Freda Knott, an 81-year-old former teacher; Patty Moss, a 66-year-old former librarian; and Lois Cates, a 63-year-old who worked in community development.

Being retired offers the Raging Grannies more time to pursue social justice and plan acts of civil disobedience. They meet weekly, perform monthly in downtown Victoria and are often in the media, having recently been dubbed “the Raging Fannies,” Moon said, after a skinny-dipping stint protesting the Kinder Morgan pipeline.

Despite tackling serious topics, the Grannies know how to have fun.

“Protesting doesn’t have to be dull and it doesn’t have to be gloomy and miserable,” Acker said.

While activism is trending worldwide these days, often thanks to social media movements, the Grannies said they aren’t worried about protest movements becoming commercial — even after the infamous Pepsi commercial released last week. (Their quick take? “What a mistake!” Moss said.)

“9/11 made people, I think, afraid to protest. But I think the recent developments in the U.S. are encouraging those reluctant protesters to emerge,” Moon said.

Thirty years from now, the Raging Grannies expect their mandate will be largely the same, fighting for “a better world for all grandchildren,” Knott said.

“With justice for everybody,” Acker added.

“Protesting does work and it also inspires other people,” she said. “And if young people especially are protesting and aren’t quite sure what they’re doing and why, having Raging Grannies (around) gives them a sense of safety and encouragement: ‘If they can do it, well what the hell are we doing sitting on our fannies?’”

“You’re not required to finish the work, but you are required to start it,” Cates said.

METRO ASKS THE RAGING GRANNIES: WHAT WAS YOUR FIRST BRUSH WITH PROTESTING?

The Americans were sending destroyers and other large, nasty pieces of metal that could be nuclear arms ... So we went out in our little kayaks sending forth our message and asking them what the hell they were doing. In return, we got water sprayed.

Alison Acker, 88

The roots of my activism actually date back to when I was in university and occupied the faculty club. I was 19 years old (and protesting) against the fascist authority of the university. And then I did peace marches in the 60s.

Patty Moss, 66

I just joined the group in September and so my first gig with them was probably one of their street gigs protesting the Kinder Morgan pipeline.

Lois Cates, 63

Back in 1992 or 1993, Greenpeace’s Rainbow Warrior was in town and they were going up to Alaska to complain about nuclear warships going through there (in) the Dixon. And they invited the Raging Grannies and the peace group ... I was active in.

Freda Knott, 81

For me, one of the most significant things was staging a cry-in at the (Victoria) health department to complain about the problems accessing health care in a timely manner. We got hauled out by the cops.

Anne Moon, 75

ALL PHOTOS: JESSICA BOTELHO-URBANSKI/METRO

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Tax filing deadline creeping up

ADVICE

Experts give some tips for tardy tax filers

More than a quarter of Canadians — 28 per cent — find the tax-filing process stressful, confusing and even intimidating, according to a TD survey.

But don't sweat it, says Tarsem Basraon, senior manager, wealth advisory services at TD Wealth Management. With the deadline just three weeks away, it's time to buckle down. This year, you technically have an extra day because April 30 falls on a Sunday, so your return will be considered filed on time if it is postmarked on or before May 1, 2017.

Here are Basraon's last-minute tips for tax filers:

File on time, even if you don't owe a penny

While late penalties are only applicable if you file past the deadline and owe money, it is strongly recommended that you file on time — even if you think you'll be getting money back — in case anything unexpected arises.

Don't miss out

Even if you don't owe money, late filers could miss out on, or experience interruptions to, government benefits and credits such as the Canada child benefit and GST/HST credits. It's also important to remember that if you're expecting money back, the earlier you file, the sooner you'll receive your refund.

Forgotten claims

Do your research to determine what expenses you can claim. Many of the following are overlooked: charitable donations, child-care expenses, disability credits, medical expenses, travel medical insurance and moving expenses.

New for the 2016 tax year

Tax rules often change from year to year, so keep up to date. For the 2016 tax year, there are several new rules. You now need to report the sale of a principal residence; the income-splitting family tax cut has been eliminated; and there are lower federal tax rates on income between $45,282 and $90,563 (from 22 per cent to 20.5 per cent).

Avoid common mistakes

The most common mistakes are a failure to report investment income or foreign income; incorrectly transferring claims like education or medical expenses between family members; failure to file required elections or forms (e.g., T1135 for foreign assets over $100,000).

TORSTAR NEWS SERVICE

New this year: Let the Canada Revenue Agency know if you sold your home. ISTOCK

Claims that test the limits of the taxman

For some, income tax season is an opportunity to think outside the box and test the limits of what can be claimed. Some of the more daring tax claims Canadians have made:

- Tax lawyer Paul DioGuardi once successfully defended a man who claimed a portion of the cost of his Rolls-Royce Silver Cloud as a business expense. He used the costly car as a personal vehicle and as a delivery car for his clients.
- Lisa Gittens, a tax professional with H&R Block, says a woman last year tried to claim her cat as a dependent and bringing in all her receipts for food and vet bills. If your pet is working for you, you may be able to claim their costs. A farmer was once allowed to claim cat and dog food because they were outdoor pets acquired to keep wildlife away.
- Tax lawyer Paul DioGuardi's firm successfully defended a client's right to claim a $5,000 Brioni suit that he only wore when he did media appearances, advertisements and television commercials. In this case it was part of the client's persona, DioGuardi said.

THE CANADIAN PRESS

CORRECTION NOTICE

In the April 6th publication, the Hyundai Canada ad identified savings up to 33% off the 2017 Accent L 6MT 5 Door.

The correct amount is 30% off the starting price of $15,637 for a price adjustment of $4,642 for the 2017 Accent L 6 MT 5-door.

We apologize for the inconvenience.

Why youth love Canada

Canada 150 Art

Hundreds of young people will celebrate through art

Gilbert Ngabo
Metro | Toronto

VIBE Arts executive director Julie Frost is leading a mural project where kids explain why they love Canada. LIZ BEDDALL/METRO

Ask kids why they love Canada and the answers may surprise you.

From polar bears and the Great Lakes to Justin Trudeau and the women's national soccer team, young people from across the country are voicing their views about what Canada means for them. And they're being creative about it.

It's all part of 150+ Reasons We Love Canada, a project that's engaging Canadian youth aged 10-29 to celebrate the country's 150th anniversary through beautiful art. Run by the non-profit VIBE Arts, the initiative has reached out to over 500 young people from under-resourced communities in all provinces and territories.

The hand-painted murals will be unveiled to the general public ahead of July 1.

"Many of these young people don't have an opportunity to express their views about national issues," said VIBE Arts executive director Julie Frost. "We thought it was very important to give them this kind of platform where they're free to show their artistic talents and say something about the country."

As part of the project, the artistic charity teamed up with professional artists to run workshops in schools, shelters, public libraries and community centres in every province. Murals painted by the young people will be displayed for two months in Toronto subway stations and 20 airports across the country, including Pearson International. They'll also be digitized and showcased at different venues all over the country.

Frost said some themes from the project are centred around geography (the Northern Lights, ravines and Maple Leafs), as well as famous and influential people (Justin Trudeau, Drake and athletes). But many submissions also touch on issues of peace, freedom and diversity.

"It really helps build healthy relationships," said Frost.

INDIGENOUS AFFAIRS

Pregnant women will have an escort

Health Minister Jane Philpott says Ottawa will now pay for someone to travel with Indigenous women who need to leave their communities to give birth — a change to what she called an "extremely unhelpful" policy.

In an interview with The Canadian Press, Philpott said she heard a "cry loud and clear" from indigenous health experts who were urging the federal government to allow pregnant aboriginal women to leave home with an escort.

"It is a major policy change for us," Philpott said. "It requires significant resources in order to be able to do that, but it is absolutely a wise investment."

Health Canada said Sunday that it's difficult to provide a cost estimate but it estimates $22-million will be spent on the measure in the 2017-2018 budget year.

Indigenous women without proof of a medical need to have someone escort them have long been forced to have their children alone and far from their land, language and heritage, the minister said. THE CANADIAN PRESS

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POLICY

Feds aim to lower immigration detention

The federal government is "exploring potential policy changes" to reduce the length of immigration detention and get non-violent migrants out of maximum-security jails, according to a new report.

Canada Border Services Agency's "New National Immigration Detention Framework," released late Friday, is not a concrete plan as much as it is a general set of intentions. But, if implemented, it would signal a substantial shift in how Canada treats its unwanted immigrants.

Based on a series of stakeholder consultations conducted last fall in response to mounting public pressure, the report from Canada's border police agency says it wants to "better align" itself with international and domestic standards for immigration detention by reducing the use of maximum-security jails, expanding alternatives to detention and "drastically" shrinking the number of children in detention.

Canada's border police can detain immigrants who have been found inadmissible to the country if they believe they are a danger to the public, will not show up for their deportation, or if their identity is in doubt. The average length of detention last year was 23 days, but hundreds of detainees end up languishing in deportation limbo for months or years.

A Torstar investigation found Canada's immigration detention system regularly subjects difficult-to-deport migrants to indefinite detention — often in maximum-security jails — and is routinely unable to solve long-term detentions.

BY THE NUMBERS

45 days-18 months
Europe's maximum length of detention for immigrants

60 days
Mexico's maximum length of detention for immigrants

Highlighted in the series is the fact that Canada is one of only a handful of developed countries that does not have any maximum length of detention for immigration detainees. In Europe, maximum lengths of detention range from 45 days to 18 months. Mexico has a 60-day limit on immigration detention, while the United States doesn't technically have a limit, but the Supreme Court has ruled that, if after six months deportation is not reasonably foreseeable in the near future, the detainee should be released.

The United Nations Human Rights Committee called on Canada in 2015 to set a "reasonable" time limit on immigration detention, but the federal government has thus far been reluctant to change its policy.

Although the new report doesn't specify what policy changes are being considered, it does suggest the government is interested in detaining fewer immigrants who "do not pose a danger to Canadian society and who collaborate with the government" in their deportation.

Since taking power in the fall of 2015, the federal Liberals have already detained fewer people for immigration purposes than the Conservatives. They have also significantly reduced the use of provincial jails, at least in Ontario, where federal immigration detention payments have declined sharply in the past year. TORSTAR NEWS SERVICE

Suicide bombers kill dozens at church services in Egypt

TERRORISM

Government seeks to install 3-month state of emergency

Suicide bombers struck hours apart at two Coptic churches in northern Egypt, killing 44 people and turning Palm Sunday services into scenes of horror and outrage at the government that led the president to call for a three-month state of emergency.

Daesh claimed responsibility for the violence, adding to fears that extremists are shifting their focus to civilians, especially Egypt's Christian minority.

The attacks in the northern cities of Tanta and Alexandria that also left 126 people wounded came at the start of Holy Week leading up to Easter, just weeks before Pope Francis is due to visit.

Pope Tawadros II, the leader of the Coptic church who will meet with Francis on April 28-29, was in the Alexandra cathedral at the time of the bombing but was unhurt, the Interior Ministry said.

It was the single deadliest day for Christians in decades and the worst since a bombing at a Cairo church in December killed 30 people.

Late Sunday night, President Abdel-Fattah el-Sissi called for a three-month state of emergency. According to Egypt's constitution, parliament must vote in favour of such a declaration — a certainty since it is packed with supporters of the president. It cannot exceed six months without a referendum to extend it.

The president also dispatched elite troops across the country to protect key installations and accused unidentified countries of fueling instability.

The attacks highlighted the difficulties facing el-Sissi's government in protecting Christians, who make up about 10 per cent of Egypt's population.

"Where is the government?" screamed an angry Maged Saleh, who rushed to the church in the Nile Delta city of Tanta where his mother escaped the carnage.

The first bomb exploded inside St. George's Church in Tanta, killing at least 27 people and wounding 78, officials said, overturning pews, shattering windows and staining the white-washed walls with blood.

A few hours later, a suicide bomber rushed toward St. Mark's Cathedral in the coastal city of Alexandria, the historic seat of Christendom in Egypt, killing at least 17 people and wounding 48.

Pope Tawadros II had held Palm Sunday services at the cathedral and the timing of the attack indicated the bomber had sought to assassinate him.

THE ASSOCIATED PRESS

Blood stains pews inside the St. George's Church after a suicide bombing in Tanta, Egypt, on Sunday. Bombs exploded at two Coptic churches in the northern cities of Tanta and Alexandria as worshippers were celebrating Palm Sunday, killing over 40 people and wounding scores more.

NARIMAN EL-MOFTY/THE ASSOCIATED PRESS

GLOBAL DIGEST

Sweden questions welcoming policies

Swedes questioned their immigration policies on Sunday after learning that an asylum-seeker from Uzbekistan was allegedly behind the truck rampage that killed four people.

The Swedish capital was slowly regaining its normal rhythm as details about the suspect emerged. Police said he had been ordered to leave Sweden in December because his request for a residence permit was rejected. AP

Russia and Iran affirm commitment to Assad

Russia and Iran renewed their support for the Syrian government in a flurry of calls on Sunday, saying last week's U.S. missile strike violated Syrian sovereignty but failed to boost the morale of "terror groups" in Syria.

Iranian President Hassan Rouhani called the strike on Friday a "blatant violation" of Syrian sovereignty. Assad accused the U.S. of trying to boost the morale of "terror groups." AP

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Refugees see glimmer of hope

SYRIA

Trump's shift in policy brings optimism, but not for all

Syrian refugee children run at an informal refugee camp, at Al-Marj town in Bekaa valley, east Lebanon. THE ASSOCIATED PRESS

For the millions of Syrian refugees scattered across camps and illegal settlements, the chemical attack on a town in northern Syria and subsequent U.S. strike was a rare moment when the world turned its attention to Syria, before turning away again.

Some cheered the U.S. cruise missiles that hit an air base in central Syria, but others insist they are opposed to any U.S. intervention. Few had any hopes that the apparent sudden shift in President Donald Trump's policy would help their situation.

DRAMATIC CHANGE

The strike marked a swift reversal on Syria for Trump, who had repeatedly said the U.S. should stay out of the civil war. But several refugees regarded Trump's policy shift with bitterness, noting that he said he was moved to act by photos of the "beautiful babies" killed in the gas attack after working for months to bar millions of refugee children and their families from entering the United States.

Trump has not spoken on whether his renewed involvement in Syria will also include a changed policy on Syrian refugees. But some refugee agencies in the United States are hoping that change is coming as well.

TRUMP'S CHOICE

The Syrian refugees of Kawergosk in northern Iraq have been around for so long that their camp has turned into a small town. Shops of all kinds line its main street and most of the tents have been converted into small cement block houses.

Many of the camp's residents welcomed the American cruise missile attack on Syria but said that they wished America would go further and intervene to end the country's six-year civil war.

THE CURRENT POLICY

Trump had taken something of a hands-off approach to Syria and Syrian refugees as both a private citizen and a presidential candidate, even urging President Barack Obama in 2013 to avoid getting involved in the civil war there. The first iteration of Trump's now blocked travel ban indefinitely barred all Syrian nationals from coming to the United States. The indefinite ban on Syrians was eliminated from a second version of the ban.

Trump has suggested at times that safe zones in and around Syria should be established to protect people.

"WE DON'T WANT TO GO TO AMERICA"

Around 1.2 million Syrian refugees live in Lebanon, most of them in squalid, illegal settlements that have sprouted across the country. They can hardly survive on the aid they receive, and dream not of America, but of walking across the border to Syria and returning to their homes.

Ibrahim, a refugee from the Syrian town of Qusair who now lives in the Ketermeya camp in Lebanon, said Trump's action in Syria has given him a glimmer of hope.

"We hope to God, after this strike, that he would set up no-fly zones in Syria and strike at other (government) air bases. Maybe then we can return home," he said.

"We want him to help us return to our country, we don't want to go to America."

Wafaa, 50, a refugee from Homs living in a tent in Lebanon's Bekaa valley, was much more skeptical and said she was against the U.S. strike.

"He's banned us from entering America, now suddenly he likes us?" THE ASSOCIATED PRESS

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I, Chahat Chhabra, daughter of Sunder Chhabra, holder of Indian Passport No. M0147428, issued at Chandigarh, Punjab, on July 16 2014, permanent resident of 526 f/e Madhuban Street, Amrik Singh Road, Bathinda, Punjab, and presently residing at 164 Manila Road, Winnipeg, Manitoba, do hereby change my name from Chahat to Chahat Chhabra, with immediate effect.

150 WAYS of looking at Canada

POSTCARD NO. 68

THE PRAIRIES AND MOUNTAINS

I GREW UP JUST OUTSIDE OF CALGARY, WITH A BREATHTAKING VIEW OF WHERE THE PRAIRIES MEET THE ROCKY MOUNTAINS. IT TOOK MOVING TO ANOTHER PROVINCE FOR A NUMBER OF YEARS TO REALLY APPRECIATE THE BEAUTY THAT SURROUNDED ME FOR SO LONG. **SIDNEY STARKMAN**

metro VIEWS
Your essential daily news
Monday, April 10, 2017

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION
Can I confront my ghoster to demand an explanation?

Ani Castillo

Dear Ellen,

I met a woman online, we met for coffee and connected right away. We had some great dates and started making some serious plans to spend more time together. Then, after a few weeks, she cancelled by email at the last minute, and completely disappeared. She's not on the dating site anymore, or she has blocked me. Now I'm wondering whether to contact her. Women complain about being ghosted all the time, but obviously they do it too. I think I deserve an explanation. Advice?
Rick

Dear Rick,

Yes, you deserve some kind of explanation. No, you should most definitely not contact her, for the following reasons: a) she cancelled dinner, then cancelled you on the dating site, so it's not like she's lying in a ditch somewhere and needs your help; b) tracking her down and contacting her after she's ghosted you puts you firmly in stalker territory, which is not where any polite, or sane, person wants to go.

Also, while it's true that women complain about being ghosted, and then turn around and do it themselves, that fact is completely irrelevant. The female of the species can be just as rude, heartless and cruel as any other member of the human race, but their bad behaviour is no excuse for relaxing one's own personal standards.

What she, or any one of us, must do is at least send a polite note.

I'm not saying she owed you an excessively detailed explanation. Whether she had a personal crisis, or a horrifying medical diagnosis, or an inconvenient acne breakout, or she just found another guy she liked better, she is under no obligation to tell you about any of it.

But what she, or any one of us, must do is at least send a polite note. Nobody wants to hear "Hey, it was great to meet you and spend time with you, but I don't think this is quite right for me." But at least you'll have clarity.

The right thing for you to do here is swallow your pride, and believe that time will heal your hurt feelings.

If it's any consolation, and assuming you behaved like a gentleman throughout your brief relationship, you can also be assured that she's not good enough for you anyway.

The ghoster, male or female, is a lazy moral coward who'd rather take the easy way out than extend another person the common decency of a formal farewell. They don't have the first inkling about what makes a good relationship. Good riddance, I say, and so should you.

Need advice?
Email Ellen:
askellen@metronews.ca

VICKY MOCHAMA

He's made calls, now Trudeau needs to put in work on feminism

Justin Trudeau's feminism needs to be more specific.

Feminism, especially intersectional feminism, is a big chaotic tent. The diversity of speakers and issues at the Women's March alone were proof of that. Feminists are concerned about everything from equal pay to environmental issues to Indigenous rights.

So what exactly is the prime minister talking about when he claims to be a feminist?

At the recent Women in the World Summit, an annual conference of activists, politicians, business leaders and artists, Justin Trudeau rolled out his greatest feminist hits featuring a light Lean In seminar. He was interviewed by former New Yorker editor-in-chief and conference creator Tina Brown in front of a crowd at Lincoln Centre, reports Maclean's.

It was a master class in deflection. Asked about rising populism, he responded with a call for more women in leadership. Asked about being seen as an "elite wonder boy," he responded that he was proud of being his mother's son. Asked about his relationship with Ivanka Trump, he didn't even mention her name in his answer.

Trudeau is a master of evasion, but the New York City crowd evidently loved it.

At home, however, I can't help but roll my eyes. It's easy to be a feminist on New York City's streets, but here in Canada, I am going to need to see some receipts.

Women in Canada are still waiting for something resembling a comprehensive childcare strategy.

Women bear the brunt of the financial costs for childcare; this keeps them out of careers and in poverty. Indigenous children are still waiting for Ottawa to fulfil the order by the Canadian Human Rights Tribunal to reform child welfare.

The recently announced budget did not increase international aid at a time when the United States has reinstated the global gag rule on abortion and ended funding for the United Nations Population Fund.

The prime minister has done some positive work. He has lifted the two per cent funding cap on First Nations. Canada has joined others to fill the gap left by Trump's cuts with a $20 million funding pledge for global reproductive health, including contraceptives and post-abortion care. After years of non-response, the government has convened the Missing and Murdered Indigenous Women inquiry. And the Liberals have sought to add a gender analysis, albeit an imprecise one, to policy decisions.

But many of Prime Minister Trudeau's policy changes leave a lot to be desired. Feminism is not a matter of branding. It requires work and accountability. Vague answers and Lean In-style calls for women to step up do a disservice to Canadian women who need their prime minister to do more.

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metro LIFE

Your essential daily news

New parents Janet Jackson and Wissam Al Mana are separating, ABC News reports

FOOD & ETHICS
Tips for becoming an ethical eater
Figure out what you care about most and shop accordingly.
Shop local. Ideally, ethical omnivores eat only local, organic and humanely raised meat.
Stick to a 'reducitarian' or 'flexitarian' diet that minimizes the amount of animal products.
MARISSA LANDRIGAN
The Vegetarian's Guide to Eating Meat
A Young Woman's Search for Ethical Food

Even the innocent strawberry could be grown with chemicals that endanger the environment and the people who work the fields, writes Marissa Landrigan. TORSTAR NEWS SERVICE FILE

Vegetarianism is not always ethical

FOOD

Giving up meat won't save the planet — or your soul

Marissa Landrigan stopped eating meat for ethical reasons — and then started eating meat for ethical reasons.

For a summer job right after college in 2007, she was researching threats to California's waterways and learned that crops, including the innocent strawberry, could be grown with chemicals that endangered the environment and the people who worked the fields.

It had never before occurred to her, a hardcore vegetarian since her freshman year, that growing fruit and vegetables could be as ethically questionable as farming animals. A decade later, Landrigan, now 34 and a Pittsburgh area-based writing professor, extols the virtues of eating meat in her memoir, The Vegetarian's Guide to Eating Meat: A Young Woman's Search for Ethical Food, released this Friday.

"Ethical eating isn't about a black and white choice where vegetarian and vegan is always good and meat is always bad," Landrigan said in an interview.

Ethical eating isn't about a black and white choice

Marissa Landrigan, author of The Vegetarian's Guide to Eating Meat: A Young Woman's Search for Ethical Food

She now uses "ethical omnivore" as shorthand to describe how she eats.

"I had to decide what was more important: always boycotting meat or generally supporting the most ethical and sustainable and humane food production I could find, which would sometimes involve livestock animals."

For many like the young Landrigan, achieving a guilt-free diet means cutting out meat, eggs and dairy in order to satiate concerns over animal welfare and the environment — research has generally shown that livestock farming is a significant contributor to greenhouse gas emissions.

In college, Landrigan disavowed meat as part of a broader sense of anticorporate activism only to discover her faux chicken, veggie burgers, even organic tomato paste could still be products of an industrial food system she opposed. For example, the vegetarian Boca Burger is sold by Kraft, which makes hotdogs and deli meat from the largest pork producers in the U.S.

And there are plenty of other examples of dubious produce.

Demand for quinoa led to overproduction and unstable crop prices for Peruvian farmers. Avocados are associated with drug cartels and deforestation in Mexico.

Water-intensive almond growing in California was partly blamed for water shortage during that state's multi-year drought. The Vietnamese nut industry has been accused of producing "blood cashews," forcing drug addicts to shell the nuts through treatment centres doubling as labour camps. Soy crops — though mostly used for animal and chicken feed — have been linked to destruction of the Amazon rainforest.

Landrigan tries to shop local, where her money supports her community, not a multinational conglomerate that may operate with unethical practices under some other company name. TORSTAR NEWS SERVICE

ADVICE

How leasing a car may be the best option for saving money

Gail Vaz-Oxlade
For Metro Canada

A friend of mine — we'll call him Desmond — was telling me that he's in the market for a new car.

"Paying cash, financing or leasing?" asked I, not realizing that I was about to step into a pile of poop.

"Lease…" he shouted at me, the spittle flying. "That's like dumping a whole bunch of money into a vehicle that you'll never own. It's stupid. Like renting."

Whoa now buddy, renting isn't stupid and neither is leasing, for the right person and the right reasons. (He might be considered stupid for buying a new car and taking the depreciation hit when he drives it off the lot, but I digress.) Let's look at some facts about leasing, then, shall we?

Fact 1: When you lease a vehicle, you only pay for the vehicle's depreciation over the term of your lease. To figure this out, take the residual value (the estimated value of the vehicle at the end of the lease term) and subtract it from the total purchase price. This is the amount on which your payments are based, plus the lease (read interest) rate you're paying and applicable taxes.

Fact 2: At the end of your lease, you have the option of either buying the vehicle for the pre-determined residual, or returning it to the dealer.

Fact 3: Leasing can work out to be a cheaper option. If the interest rate on the lease is lower, or if the term of the financing is longer, the lease will be less expensive. Shop smart. If lease rates are better than financing rates because manufacturers are subsidizing their leases, you'll win on the lease.

Fact 4: If you are self-employed or have a company through which you are running your vehicle(s), leasing may offer a bigger tax payoff than financing.

Fact 5: Dealers may jack up the price on a car if they know you plan to lease. Don't go in declaring how you're going to pay for the car.

For more money advice, visit Gail's website at gailvazoxlade.com

How not to get sued by a former employer

LAW AND CONTRACTS

Know your non-compete, solicitation clauses

Genna Buck
Metro Canada

In a lawsuit against Uber, self-driving car guru Anthony Levandowski is accused by Waymo, a Google subsidiary, of allegedly downloading confidential information before he left. But you don't have to be a big shot to end up on the wrong side of a lawsuit. AP FILE PHOTO

Self-driving car guru Anthony Levandowski spent nine years at Google. He was, in large part, the brains behind the search giant's venture into researching autonomous vehicles.

But in 2016, he ditched that gig to start a self-driving truck company, Otto trucking.

Then he turned around and sold Otto, a few months later, to Uber — the ridesharing juggernaut that stands to gain a lot from replacing its expensive human drivers with robots who never ask for a raise.

According to a lawsuit filed by Waymo, a Google subsidiary, before he left his job Levandowski downloaded more than 14,000 confidential files, then wiped his laptop to cover his tracks.

Allegedly, he brought Uber a treasure trove of information on Google's research on laser navigation.

Google invested a lot of money to gain that knowledge, and had a reasonable — and legally protected — right to keep it safe from competitors.

Situations like this are the reason that when you start a new job, you might be asked to sign a contract restricting what you can do once you leave it.

This could take the form of a non-compete clause, which says you can't work for a direct competitor for a certain period of time in a certain place, or a non-solicitation clause, which restricts you from "poaching" clients or employees to your new workplace.

It's also why you can't share confidential information from your old employer with your new one. (That part is common sense: You can be sued for sharing a company's secrets even if there's nothing specific in your contract that says you can't).

But the situation doesn't have to be as high-profile as the Uber example for an ex-employee to end up on the wrong side of a lawsuit in Canada if they choose to leave and go to a competitor.

In this competitive landscape, workers change jobs a lot. And, especially in high-tech sectors, they may be privy to extremely valuable information. The spectre of getting sued by your former employer is more real than ever. And that can present a problem for employees who don't know their rights, according to Kumail Karimjee, an employment lawyer in Toronto who represents both workers and companies.

"People often sign contracts at the beginning of a relationship with some excitement and euphoria but not a lot of careful review," because they want to get the job and don't want to be seen as a person who makes a fuss, Karimjee said.

But unless you are, like Levandowski, a big shot like a CEO or cofounder, non-compete clauses are almost never allowed by the courts, Karimjee explained. That's particularly true if the company has tried to sneak in a contract that's very broad, like "no working in the software industry anywhere in Canada for five years."

That's clearly not allowed, he said. But some employers will try to get you to sign off on it, anyway.

"It's all well and good for your lawyer to say, you can go ahead and work somewhere else, in my opinion it's not a valid and binding contract," Karimjee said. "That doesn't stop employers from potentially starting an action against you. For an employee, it can be a very time consuming, costly and stressful thing."

It's important to deal with such a contract issue from the very beginning, says employment lawyer Lai-King Hum. "If you see a clause that's way too general, then you want to get rid of it, or you negotiate so you limit the application of the clause," she says.

Non-solicitation clauses, meanwhile, are a little different.

A hairdresser, for example, who has a non-solicitation agreement can't tell everyone who sits in her chair that she's leaving the company soon and ask them to move their business to the new and better salon down the street.

Her clients or coworkers are free to jump ship and join her if they want, but she can't actively entice them away.

The key thing to understand, Karimjee said, is that the law is generally on the workers' side: People are, as a rule, free to change jobs and make a living how they please. The onus is on the employer to show the employee actually hurt them by poaching people or information.

It's good idea to seek legal advice if you're asked to sign an overly broad contract, he added.

Finally, Karimjee explained, employers may not launch these kinds of suits to save their financial bacon — but rather to settle a personal beef.

"A feeling of hurt may be driving it: 'This person burned us. We trusted this person.' And sometimes that emotion may have a greater impact on the decision-making than the refined legal analysis provided by the company's lawyer."

> **People often sign contracts at the beginning of a relationship with some excitement ... but not a lot of careful review.**
> Kumail Karimjee

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YOU CAN DO THIS RESIDENTIAL/HOME CLEANING

Sweeping a path to success

Donna Cooper, 26, Owner of Home Clean Home. In Ottawa, South.

WHY I LIKE MY JOB

I originally started working for a smaller residential cleaning company, which gave me some insight on how to operate a small business. After I had my second child, I wanted to take my career to the next level so I could earn more while still having time for the kids. I actually really enjoy cleaning (it's actually therapeutic once you give it a chance), so I figured why not launch my own business?

At first, building my network and marketing my company took a lot of elbow grease. But once I got it off the ground, the referrals started growing and now I'm operating a full-time cleaning service with two additional employees in Ottawa and the surrounding area.

In order to find this line of work rewarding, you need to be energetic and detail-oriented. I clean as many as three houses per day, top to bottom, which requires significant stamina. People hire cleaning services to take care of the extra things they forget about, meaning you need to physically move furniture to reach those awkward corners or pull out the toothbrush when grime gets tough.

I make people's lives easier. Clients will reach out to me saying how much they love cleaning day because they get to come home and relax. I love seeing the before and after results – especially during spring cleaning season.

THE BASICS: Residential/Commercial Cleaner

$30,519

Median full-time salary for residential/commercial cleaners.

Supervisors and small business owners can earn more than **$50,000** annually.

+5%

Projected rate of job growth over the next 7 years.

Data for this feature was provided by payscale.com, hire-ability.org, canadabusiness.ca and onetonline.org.

HOW TO START

Although no formal education requirements are required, residential and commercial cleaners will soak knowledge up like a sponge while on the job. Some private institutions offer training courses in janitorial services, which covers everything from carpet and floor care, to hard surface cleaning, drain care and chemical safety. However, these courses aren't mandatory as they will likely be learned on the job. Who has all the right tools to fight any stain? Professional cleaners.

WHERE YOU CAN GO

Janitors, custodians, home cleaners and office cleaners essentially serve as building maintenance specialists. The job can be physical in that it involves a range of motions like walking, pushing and lifting for extended periods.

Work hours are flexible, with most professionals being able to choose between day shifts or night shifts.

NEXT CAREER STEP

Cleaners may consider launching their own cleaning business. Outshining competitors requires building strong connections with the local community, targeting specific demographics and seeking accreditation from organizations like The Accredited Residential Cleaning Service (ARCSI). A business owner may also need to hire and train their own employees, so business courses may help.

BY THE NUMBERS

Don't stretch your budget when buying a home

Whether it's the sizzling real estate market or the desire for something nicer, the temptation to stretch your home-buying budget may be tough to resist. But there are factors to take into account, even if you've qualified with your lender for more. THE CANADIAN PRESS

John DeRose, who oversees Vancity's mobile mortgage specialists, says people paying $1,500 a month in rent can't necessarily afford a monthly mortgage of $1,500. "When you own a home there are extra costs, so that's why it is important to sit down and talk to somebody," he says.

$1,500

Fees

Canada Mortgage and Housing Corp. publishes a step-by-step guide for potential homebuyers. It includes lists of possible costs in addition to the purchase price, such as legal and inspection fees associated with the transaction as well as moving expenses, all of which can add up to thousands of dollars.

32%

According to the gross debt service ratio rule, monthly housing costs — which include mortgage payments, property taxes, heating expenses and 50 per cent of any condo fees, if they apply — should not exceed 32 per cent of one's average gross monthly income.

40%

Another rule, called the total debt service ratio, says monthly debt loads should be no more than 40 per cent of average gross monthly income. That includes all housing costs included in the gross debt service ratio as well as other debts like car loans or leases, credit card payments and line of credit payments.

Careers DIGEST

ARTS DEGREE

Creative writing programs are getting a boost

Some credit the rise of social media. Others attribute it to a flourishing culture of self-expression. Whatever the reason, colleges across the United States are seeing a boom in demand for courses on creative writing.

The number of schools offering bachelor's degrees in creative writing has risen from three in 1975 to 733 today, according to the Association of Writers & Writing Programs (AWP), an industry group based at George Mason University in Fairfax, Va.

So what will these students do after graduating?

"Most of them are aware that this probably is not going to be their career. At least, I hope they're aware," said David Galef, director of the creative-writing program at Montclair State University in New Jersey. "They're interested in doing something they feel is creative."

While some will become professional writers, others will find work in fields such as public relations, advertising or something completely unrelated. Instructors say some students see their focus on writing as a way to understand themselves, make use of a liberal education and enrich their lives. AP

metro SPORTS

Hilary Knight scored the overtime winner to lift the host U.S. to a 3-2 victory and a fourth straight world championship on Friday in Plymouth, Mich.

NBA IN BRIEF

Raptors clinch at least top-three seed in East

DeMar DeRozan scored 35 points and the Toronto Raptors wrapped up at least the No. 3 seed in the Eastern Conference with a 110-97 victory over the New York Knicks on Sunday.

The Raptors pulled away in the fourth quarter to reach 50 victories for the second straight season. They can still finish second if they beat Cleveland in their regular-season finale and Boston loses its final two.

THE ASSOCIATED PRESS

Westbrook sets triple-double record in style

Russell Westbrook broke Oscar Robertson's 56-year-old record with his 42nd triple-double of the season Sunday, then he broke the Denver Nuggets' hearts with a buzzer-beating three-pointer for a 106-105 victory.

Russell Westbrook GETTY IMAGES

That eliminated the Nuggets from playoff contention.

Westbrook had 50 points, 15 rebounds and 10 assists in breaking Robertson's record of 41 triple-doubles that stood since the 1961-62 season.

THE ASSOCIATED PRESS

Jets look to brighter days in their future

NHL

Strong offence wasn't enough to overcome poor D, injuries

Goaltender Connor Hellebuyck and the Jets ended their season on a high Saturday by beating the Predators 2-1 for their seventh straight win. JOHN WOODS/THE CANADIAN PRESS

The Winnipeg Jets know what went right, and what went wrong, in their 2016-17 season.

Talented young players and the ability to score goals were the bright spots. Inconsistent defence, goaltending and plenty of injuries hurt. But as the players cleaned out their lockers Sunday after missing the NHL playoffs for the fifth time in six seasons, they were collectively optimistic about the future.

"I don't see many teams more talented than we are right now," captain Blake Wheeler said. "We definitely have our flaws and some holes we could fill in, but on a night-in, night-out basis, with a young team like that, I never thought we were overmatched."

The Jets finished the season setting a franchise record with a seven-game win streak. Their 87 points (40-36-7) was the second highest since the team relocated from Atlanta in 2011.

"We score enough goals and we won quite a few games, but it's those losses and those goals against that are the biggest thing," centre Bryan Little said. "We've got to get better defensively, I think is the main concern. I don't think this team is ever going to have a problem getting offence and scoring goals. We just need to be better defensively and work on keeping the puck out of the net."

Winnipeg's 249 goals for were in the league's upper level, but so were its 256 goals against and the 355 man games it lost to injuries.

Four players collected more than 60 points. Mark Scheifele led with a career-high 82, Wheeler had 74 and sophomore winger Nikolaj Ehlers and rookie sensation Patrik Laine each tallied 64.

Laine led the team with 36 goals (including three hat tricks), while rookie defenceman Josh Morrissey was steady and one of four Jets to play all 82 games.

Third-year forward Adam Lowry commended Laine for handling the intense spotlight from NHL and Finnish media.

"They're kind of pitting you against another guy, him and (Toronto rookie Auston) Matthews it seemed like all year. They want the storylines," Lowry said. "I think he did a great job."

THE CANADIAN PRESS

> **There's no team making the playoffs that isn't getting saves, so we are going to definitely need some saves, too.** Mathieu Pereault

MASTERS

Garcia seizes green jacket

Sergio Garcia finally showed he has what it takes to win a major, and he has a green jacket to prove it.

Needing his best golf on just about every shot in the final hour at the Masters, Garcia overcame a two-shot deficit with six holes to play and beat Justin Rose in a sudden-death playoff Sunday for his first major after nearly two decades of heartache.

No one ever played more majors as a pro — 70 — before winning a major for the first time.

Garcia got rid of the demons and the doubts with two big moments on the par 5s — one a par, the other an eagle — in closing with a 3-under 69. It was never easy until the end, when Rose sent his drive into the trees on the 18th hole in the playoff, punched out and failed to save par from 15 feet.

That gave the 37-year-old Spaniard two putts from 12 feet for the victory, but he only needed one as his putt swirled into the cup. THE ASSOCIATED PRESS

Sergio Garcia GETTY IMAGES

MLB

Souza powers Rays over stumbling Jays

Steven Souza Jr. hit a three-run homer and was involved in a scrum after a slide during the Tampa Bay Rays' 7-2 victory over the Toronto Blue Jays on Sunday.

Corey Dickerson and Jesus Sucre also homered, and Jake Odorizzi (1-1) went six effective innings for the Rays, who took three of four from Toronto.

Toronto got a home run from Josh Donaldson, who left after grounding out in the sixth with right calf tightness, but dropped to 1-5. THE ASSOCIATED PRESS

Steven Souza Jr., right, exchanges words with Blue Jays shortstop Troy Tulowitzki on Sunday. GETTY IMAGES

IN BRIEF

Hinchcliffe back on top of IndyCar podium

Canada's James Hinchcliffe raced to his first victory since his near-fatal accident in 2015 by hanging on for a three-lap shootout to the finish Sunday on the streets of Long Beach.

Hinchcliffe had two strong late restarts to win in a Honda for Schmidt-Peterson Motorsports. The Oakville, Ont., native nearly bled to death in an accident during practice for the Indianapolis 500 two years ago. THE ASSOCIATED PRESS

Canadian women handed loss with late German goal

Linda Dallman's 86th-minute goal gave Olympic champion Germany a 2-1 win over Canada in a women's soccer friendly Sunday in Erfurt, Germany.

Deanne Rose scored in the 39th minute for fifth-ranked Canada, which probably deserved a better fate against the top-ranked women's side in the world. German went ahead in the 15th minute on an error by goalkeeper Kailen Sheridan.

THE CANADIAN PRESS

WORLD CUP

Canada's joint bid on for real: Source

A person familiar with the decision says the United States, Mexico and Canada are going to announce a joint bid for the 2026 World Cup on Monday.

The Confederation of North and Central America and Caribbean Association Football is moving ahead with the bid that was widely expected before Donald Trump was elected president. There has been concern the plan was unworkable under Trump's anti-immigrant policies, but even if he serves a second term Trump would not be president in 2026.

The confederation made the final decision to go-ahead with the bid at its meeting Saturday in Aruba, the person said.

THE ASSOCIATED PRESS

N. AMERICA

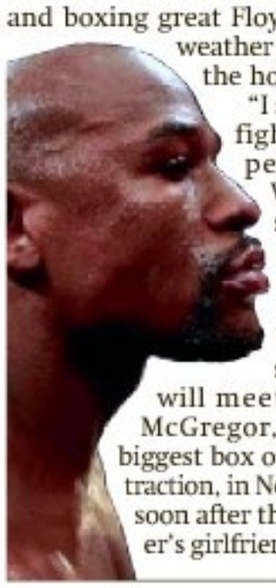
CONCACAF has not hosted the World Cup since the tournament was played at nine U.S. venues in 1994.

White: I see this fight happening

MAYWEATHER VS. MCGREGOR

UFC president believes mega bout is fantasy no longer

UFC president Dana White said he was confident a proposed bout between Conor McGregor and boxing great Floyd Mayweather Jr. is on the horizon.



"I see this fight happening," White said after UFC 210. White said he will meet with McGregor, UFC's biggest box office attraction, in New York soon after the fighter's girlfriend gives birth to their first child in May.

Once a longshot, the boxing match has inched closer to reality.

White cautioned the fight was not close to a done deal. But White said he's had talks with Mayweather's team, though there's plenty of negotiating still on the table — including the share of the purse.

> **I can't deny him this fight.**
> Dana White on Ireland's Conor McGregor

"The longer it takes for us to come to an agreement, the longer it takes to negotiate with the Mayweather team," White said.

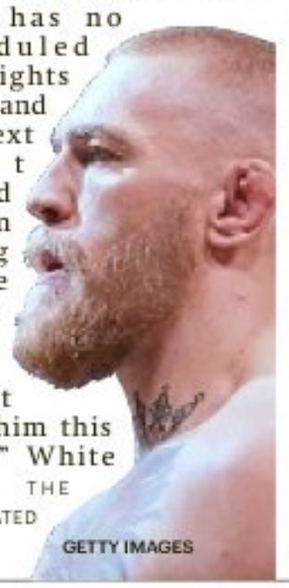
"Is Conor McGregor not a massive star? Floyd doesn't make this kind of money without Conor."

Mayweather, one of the great pound-for-pound fighters who retired at 49-0 in 2015, has said he'd want the fight to be at either 147 or 150 pounds and be part of a Showtime pay-per-view package.

When asked if a deal could be struck, Mayweather said earlier this year, "absolutely." McGregor hasn't fought since he defeated Eddie Alvarez at UFC 205 in November 2016.

He has no scheduled UFC fights ahead and his next bout could see him lacing up the boxing gloves.

"I can't deny him this fight," White said. THE ASSOCIATED PRESS



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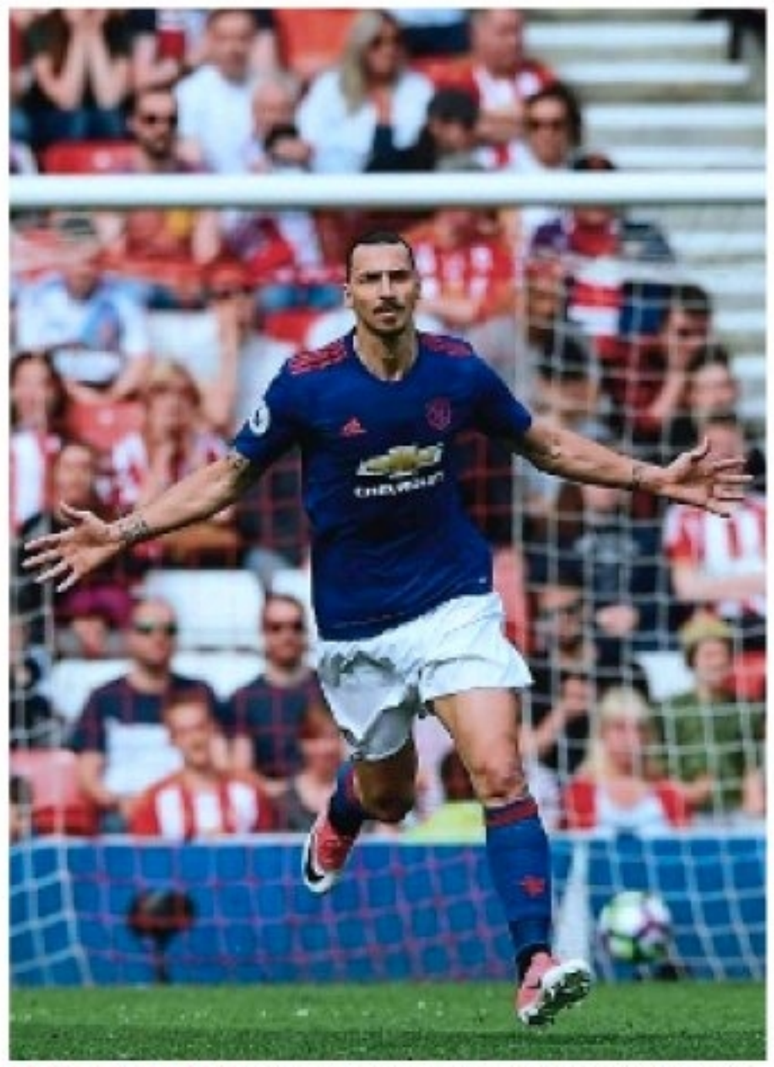

PREMIER LEAGUE UNITED STAYS IN HUNT FOR TOP 4 SPOT
Manchester United kept pace with its Champions League qualification rivals as it pushed 10-man Sunderland closer to relegation with a 3-0 victory Sunday. Zlatan Ibrahimovic hit a superb opener before Henrikh Mkhitaryan and Marcus Rashford netted to seal the three points at the Stadium of Light. STU FORSTER/GETTY IMAGES

IN BRIEF

Hamilton wins in China
Mercedes driver Lewis Hamilton steered clear of a chaotic start to the Chinese Grand Prix and coasted to victory on Sunday, claiming his fifth title in Shanghai.

Hamilton started from pole position and led from beginning to end to capture the 54th race title of his career and his first of the new Formula One season. Ferrari's Sebastian Vettel finished in second place. THE ASSOCIATED PRESS

Pacquiao to defend title against Australian Horn
Manny Pacquiao will fight Australian Jeff Horn on July 2 at Brisbane's 52,500-capacity Suncorp Stadium in a defence of Pacquiao's WBO welterweight title.

Promoters for Horn, a 29-year-old former schoolteacher and the No. 2 contender, had been working on a possible deal to fight Pacquiao since January, and finally made the announcement on Sunday with state government officials in attendance.
THE ASSOCIATED PRESS

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MAKE IT TODAY

Lovely Pinkie Pie Smoothie

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

We don't generally give cute names to our drinks but the sweetness of the strawberries, immunity boost from the coconut oil and protein in the greek yogurt make us love this smoothie enough to give it a special term of endearment.

Ready in 2 minutes
Prep time: 2 minutes
Serves 2

Ingredients

- 3/4 cup plain Greek yogurt
- 1 frozen banana, peeled, cut into chunks
- 1 cup strawberries, stems removed, roughly chopped
- 1/4 cup milk
- 2 tsp honey
- 1/4 tsp flax oil
- 1 Tbsp coconut oil
- 4 or 5 ice cubes

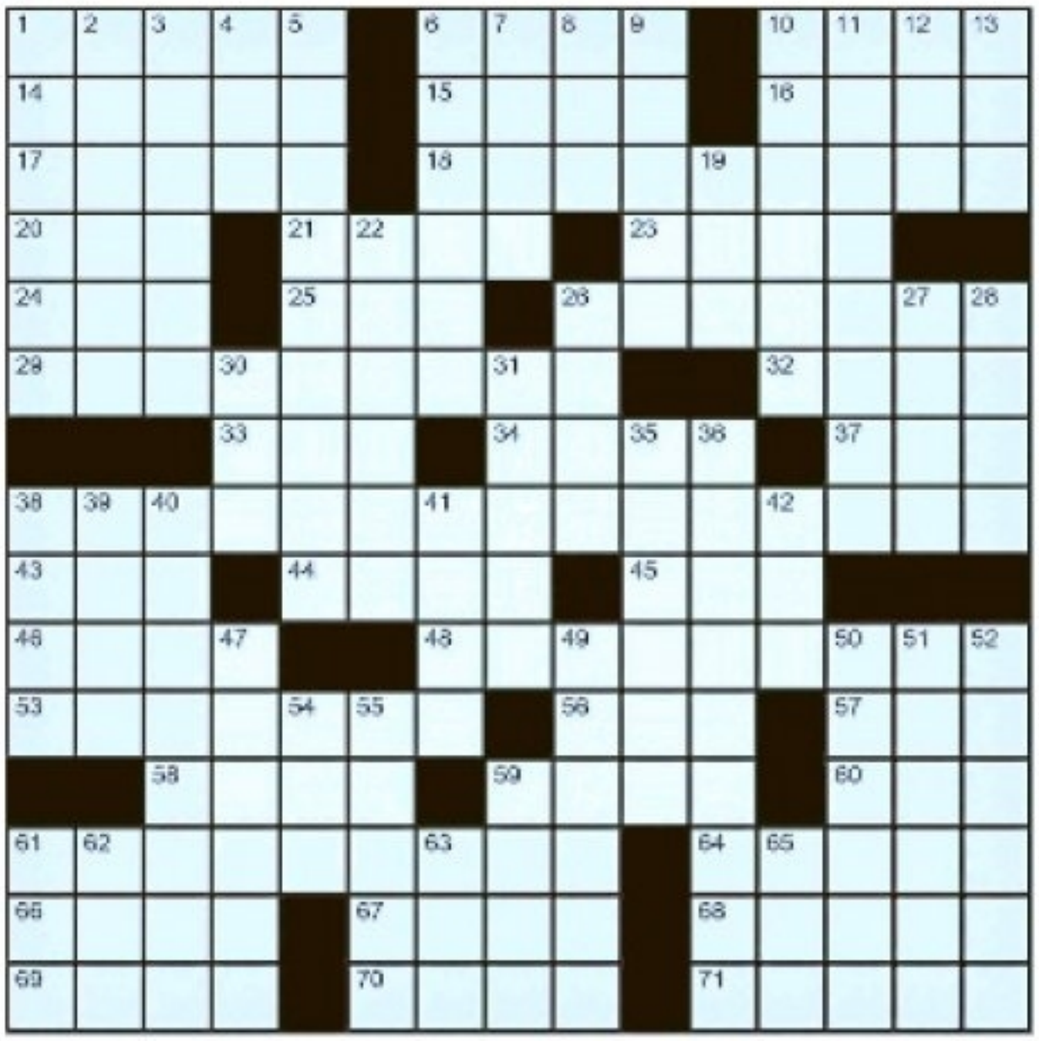
Directions

1. Place all ingredients in a blender and purée until smooth.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Lovely lily
6. Workout venues
10. Flee
14. "He's __ Nowhere Man..." - The Beatles
15. Nothing, in Montreal
16. Brit's bye-bye
17. Fishing net
18. Starter in Italian cuisine
20. 'Neat' suffix (Really tidy person)
21. Fine pursuits
23. Bible-style verb
24. 'Select' suffix
25. Mai __ (Cocktail)
26. Missionaries in early Canada like Jean de Brebeuf (b.1593 - d.1649)
29. Luminary
32. Breeze
33. Simon Garfunkel link
34. Mr. Stoltz
37. "__ Town": Song by #38-Across
38. 'Till the Wheels Come Off' is this Canadian band's debut album: 3 wds.
43. 'Street' in Sherbrooke
44. Young hawk
45. Light switch position
46. Ancient Egyptian goddess
48. Make stronger
53. Groom's greatest guy: 2 wds.
56. Neckwear piece
57. Street for Freddy of movies
58. River of Russia
59. Walk worriedly
60. Taxi
61. Law office professional
64. 1871 premiere city of Aida
66. Comply with the instructions
67. Ms. Gilpin of "Frasier"
68. Officiated a baseball game
69. Seal herds
70. Olympian queen
71. Saint's trait

DOWN
1. Meower attractor
2. Get there
3. One giving secret info to the press
4. Court concern
5. Whitney Houston hit: 3 wds.
6. Dei __ Regina (By the grace of God, the Queen)
7. Yangs counterparts
8. Converged
9. Sneering
10. Married or single, for example
11. Capitalize: 3 wds.
12. Affixed, abbreviated
13. Spiritual 'way'
19. Negative opposite, briefly
22. What the has-no-more-water well did: 2 wds.
26. Mean man
27. Stretched tight
28. Nimble
30. Downcast
31. V-formation Canadian fliers
35. Well-known, as symbols
36. Mug: 2 wds.
38. Hip-Hop house
39. River of England
40. Idled
41. Get a paycheck
42. ET's craft
47. Wanders
49. Roma's realm
50. Food Network Canada creation
51. Purplish-red
52. Incarnate
54. Seasickness, __ de mer
55. Hebrew alphabet's first letter
59. Henry VIII's sixth/last wife Catherine
61. Coke or Pepsi
62. Blood-typing letters
63. "__ whiz!"
65. Pierre's friend

✷ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
It's a mixed bag when it comes to dealing with partners and close friends today. Earlier in the day, all is sweetness and light but later, intense emotions create power struggles.

Taurus April 21 - May 21
Be careful not to promise more than you can deliver at work today, because later, someone will hold you accountable. Be reasonable and realistic.

Gemini May 22 - June 21
This is a feel-good day! Enjoy movies, musical performances, sports events and social outings, especially playful times with children. Be patient late in the day when tempers are testy.

Cancer June 22 - July 23
This is a good day for a family gettogether. It's also a good day to explore real-estate possibilities or ways to improve your home. Avoid family arguments late in the day.

Leo July 24 - Aug. 23
Your enthusiasm for something will inspire others around you. However, it might put you at odds with someone later in the day. Easy does it.

Virgo Aug. 24 - Sept. 23
This is a good day to make money. It's an excellent day for business. Later today, the breakdown of machinery or a power struggle with someone could create problems.

Libra Sept. 24 - Oct. 23
Today the Moon is lined up with your sign, which makes you sympathetic and generous. You wish the best for someone and are willing to help. Avoid arguments later in the day.

Scorpio Oct. 24 - Nov. 22
Basically, this is a feel-good day for you! You feel sympathetic toward someone and are willing to put this person's wants and needs before your own. (This is noble.)

Sagittarius Nov. 23 - Dec. 21
You will find it easy to be with friends, especially members of groups, because you are warm and sympathetic to everyone. Furthermore, you feel you are all working for a common cause.

Capricorn Dec. 22 - Jan. 20
You look good in the eyes of others today. Bosses, parents and VIPs admire you. Nevertheless, avoid arguments late in the day. Just zip thy lip.

Aquarius Jan. 21 - Feb. 19
Travel plans are exciting. You might also be stoked about opportunities in publishing, the media, medicine, the law and higher education. You rock!

Pisces
Feb. 20 - March 20
This is a good day to settle differences and discuss wills, inheritances and shared property. However, avoid power struggles later in the day.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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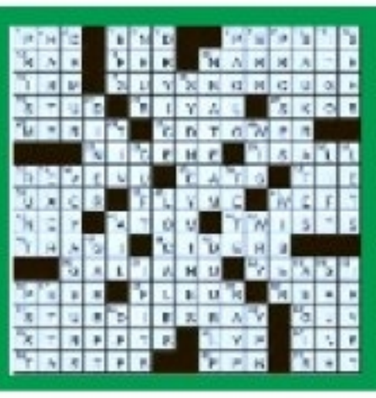

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9	5	2	7	3	8	6	1	4
6	9	5	8	2	1	4	3	7
7	1	4	3	6	5	2	8	9
8	2	3	4	7	9	1	6	5

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